



## Most Needed Food and Supplies at Bethel

Each day at Bethel we serve 120 meals (plus snacks) for more than 40 children, teens and adults living on our campus. As you can imagine, we also go through a lot of cleaning supplies!

Your help makes a meaningful difference for the children and families in crisis we serve. Here are the items we use most often:

### **Dry Boxed Cereals**

Grits

Pop-Tarts®

### **Canned fruits, large**

Canned creamed soups

Canned tomatoes

Tomato paste

Rotel

Dried fruit

### **Coffee (cans or bags)**

Cornbread mix

Biscuit & pancake mix

Muffin mix

Powdered gravy mix

Spices and seasonings

Spaghetti sauce

Alfredo sauce

Salsa

Frozen chicken\*

Frozen vegetables\*

### **Condiments**

Sweetened condensed and  
evaporated milk

**Jellies (strawberry is a  
favorite)**

### **Syrup**

### **Chips/pretzels/nuts**

Crackers

Vanilla wafers

Granola bars

Snack crackers

Snack cakes

Microwave popcorn

Ziploc bags (all sizes)

Heavy duty foil

### **Bottled water**

**Drink mixes** (gallon sizes)

Sports drinks

### **Toilet paper**

### **Paper towels**

Cleaning wipes

Bleach

### **Laundry Detergent** (liquid)

### **Bold items = the most needed**

\* Frozen items are limited by space. Before you buy these, please call our office at 423.842.5757 to discuss available capacity and handling. We are open Monday to Friday, 8 AM to 5 PM.

### **Why these items?**

When caring people like you take care of these non-perishable staples, we can spend more of our food budget on fresh fruits and vegetables, dairy foods, meat and proteins as they are needed.

**Thank you for being a Hero for Hope for children and families in crisis!**

